

CHIEF'S CHALLENGE - FAMILY FIRST

Check off 15 of the following family oriented activities that you complete or make a commitment to complete in order to receive your Chief's Challenge patch at the 2009 Spring Outings. Please adhere to the suggestions of how many to complete in each category.

GET OUT & GO: (no more than 7)

- Volunteer together. Everyone helps those less fortunate is better for it. All of the charities listed on the web site would love a whole family to help. Check with your church for any upcoming projects. Go on a walk-a-thon and help raise money for a worthy cause.
- Go on an "athletic family outing " (bowling, putt-putt, horseback riding, golf, soccer, canoeing, tennis, etc.)
- Visit a theme park: Disneyworld, Carowinds, Great Wolf Lodge, etc.
- Explore your neighborhood and go on a family walk or bike ride.
- Take a family vacation together.
- Road Trip! Even though gas prices are high, you can't beat the value of just getting in the car together with no particular place to go. Just head one direction for a while, turn around and head on home. Don't stop and eat at that same old fast food joint, eat where the locals eat. Pull up at that old country store and grab an RC Cola and a Moon Pie. Stop at that roadside stand and buy some fresh corn or tomatoes.
- Attend the NC State Fair. Ride rides, eat fried Twinkies, milk cows - you get the picture.
- Camping. Take the whole family out for a night in the woods. 'Smores for everyone! Let Mom get a taste of the wild life.
- Attend the family weekend at Camp Seafarer. Live the life of Spring Outing, but with Mom!
- Visit a flea market and/or farmer's market. It can be big or small. There's a lot of Southern culture to explore.
- Day at a museum, gallery or zoo. There are plenty of local museums to visit. Head to the NC Zoo at Asheboro or NC Aquariums on the coast. Explore Marbles, NC Museum of Art or any local art gallery. Discuss what you've seen over ice cream or dinner.
- Explore Raleigh. Or Cary. Or Durham. See what new discoveries await you right outside your front door.
- Attend a sporting event together. Mudcats. Bulls. Heels. Wolfpack. Panthers. Bobcats. Hurricanes.
- Go to the theatre. Attend one of the shows presented by Carolina Ballet, NC Theatre, Broadway Series South, etc. Or check out any other local productions at Raleigh Little Theatre, ADF, etc.
- Attend a concert. From Walnut Creek to Booth Amphitheater to the mall food court - there are plenty of family concert events to attend. That includes school productions and concerts as well.
- Be a Secret Santa. Pick the name of a needy child from church or school and all go as a family to help shop for these children. Get your kids' opinion about what they think the child would like to have under the tree.

YGP TIME: (do at least 1)

Events for the entire family to attend:

- Park Clean Up Day
- Kite Day
- Hurricanes
- Ballet
- Broadway Show

DIG YOUR ROOTS: (do at least 2)

- Interview a grandparent or older aunt/uncle about what their childhood was like - report back to the tribe.
- Attend a family reunion. Visit with your aunts, uncles, grandparents, cousins, etc. and get to know as much about them as possible.
- Make a family tree. Start with yourself and move on down the line as far as you can go. Share your genealogy with your tribe at a meeting or share with classmates in school.
- Create a family web site. There are plenty of free and easy ways to make a web site to share your family with the world, or just family and friends.
- Put together a family photo album or scrapbook. Pull those prints out of the storage boxes and commit to getting them into a book or two or twenty. Share the final product with your tribe if you choose.

BE CREATIVE: (do at least 2)

- Family craft project (bird house, Christmas ornament, etc.). Pick a tribal style craft out of the YGP manual and see what you can come up with or create you own plan.
- Make a movie or digital slideshow. Write a short screenplay, video tape it and edit together a quick, fun film. Or take family photos and set it all to music. Burn it to DVD or post online and share.
- Plan a meal together. Pick out recipes, make a shopping list, go to the grocery store together, cook and enjoy.
- Give everyone an Indian name. Sit around at dinner and figure out what Indian name best suits Mom, siblings, grandparents, etc.

HOME TIME: (no more than 7)

- Pledge to eat at least one meal a week together, at home, with the TV turned off and discuss everyone's week. Take turns sharing in the conversation.
- Have a movie night. Pop popcorn, turn out the lights and watch a DVD. After the movie, discuss the story, the characters, any lessons learned, etc.
- Home movie or slideshow night. Instead of renting a DVD, break out the old 8mm or video tapes and let the kids see how the parents looked and acted back at their age. Esp. enjoyable will be the clothes and hair styles.
- Go on an old fashioned picnic. Pack a cooler, grab a blanket, snag a Frisbee and head off to the park for a couple of hours of outdoor fun.
- Game night - kick it old school. Break out the Apples to Apples, Monopoly, Scrabble, etc. for a night around the kitchen table.
- Game night - new wave. Challenge each other to Guitar Hero, a Wii round of golf or have the fam jam together on Rock Band.
- Garage sale. Decide what's for sale, attach a value, let the kids haggle with the buyers and let them keep the proceeds from their items. Or better yet, get them to use that money for their wampum or WeBuildPeople pledge.
- Decorate together for holidays - Christmas, Chanukah or Kwanzaa. Carve jack-a-lanterns. Decorate Easter eggs. Pass those family traditions on down to the next generation.
- Home clean up day. Everyone pitches in around the house for a day of yard work, housework or just wash the car together.
- DJ Dance Party. Break out the old eight track, cassettes or LPs and show the youngin's how we boogied before MP3s, XM and iTunes. Teach them a move or two and dance the night away. Get a good workout and laugh at the same time.
- Practice a family emergency plan. Make sure everyone knows what to do during bad weather (tornado, hurricane, etc.), if the house catches fire, how to dial 911 and give the best information.
- Pose for a family portrait. Whether it's Olan Mills Studio or that high dollar photog shooting at sunset on the beach or a friend with a nice camera at home - document your family right now with a nice photo.