



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUNG KIDS ~ BIG HEARTS

5TH Annual Kids Triathlon

July 17th, 2010

Kerr Family YMCA

Race begins at 7am!

Awards presented to 1st top 3 Overall Finisher's (male & female), and Age Groups (male & female)
Race will be timed with timing chips!

Ages

6-7 year olds	50 yd swim, 2 mile bike, and .5 mile run
8-9 year olds	100 yd swim, 3 mile bike, and 1 mile run
10-11 year olds	100 yd swim, 3 mile bike, and 1 mile run
12-14 year olds	150 yd swim, 5 mile bike, and 1.5 mile run

Race Registration:

Begins: Monday, May 23, 2011

Closes: Saturday, July 9, 2011

Cost: \$35 Members

\$45 Non-Members

Kids Triathlon Training Program

Tuesday, Wednesday, Friday, Saturday (see schedule for details)

Begins: Tuesday, June 21, 2011

Ends: Wednesday, July 13, 2011

Time: see schedule

Cost: \$60 Members

\$75 Non-Members

(Triathlon race fee included)

Registration open: May 23 – June 18



Contact: Brooke Lynch at Brooke.Lynch@ymcatriangle.org or Janice Hirsch at Janice@cyberhirsch.com

Make it a series and sign up for the Finley Frenzy Youth Triathlon on August 21st. For more information visit the AE Finley website @ www.ymcatriangle.org/A.E._Finley_YMCA