



Participate in the CROP Hunger Walk

October 4, 2009

Registration: 1:00/Start: 2:00pm

**Raleigh – Marbles Kids Museum
Cary – Christ the King Lutheran**

For information about walks in Youngsville (9/27), Wake
Forest (10/18), Rolesville (10/18) or Apex (11/8)

Call (919) 688-3843

www.cropwalkonline.org

Ways to Participate

- Walk the 3 mile route
- Use the online CROP Walker option
- Be a Spirit Walker – raise funds though unable to Walk
- Recruit and promote the Walk in your church or group
- Pray for the CROP Hunger Walk and for the hungry.

Raise Funds Online

Here's an easy way to increase your Walk fund-raising. Go to www.cropwalk.org and click on the **SIGN UP** button. Click on North Carolina on the U.S. Map. Scroll down the list of CROP Hunger Walks to the Raleigh or Cary walk, click on it and follow the directions. You can email family and friends anywhere in the world to help you end hunger.

How Funds Are Used Locally

Up to 25% of the money raised in our CROP Hunger Walk is distributed to local hunger-alleviating agencies in Wake County. These are the agencies chosen by the local CROP Hunger Walk Planning Team to receive funds this year:

**Meals on Wheels of Wake County
Western Wake Crises Ministry
Christian Community Action
Catholic Parish Outreach
The Food Bank of Central and Eastern North Carolina
Inter-Faith Food Shuttle
North Raleigh Ministries
Urban Ministries of Wake County**

How Funds Are Used Worldwide

75% of the money raised supports the international hunger and relief efforts of Church World Service or an eligible sister agency. For more information, contact: Mary Catherine Hinds at 688-3843.

We Walk Because They Walk.

